



Menu

The King's Arms Free House

Winter 2011-12

Good Beer & Home Cooking
since 1981

King St. Tring, Herts. HP23 6BE
Tel. 01442 823318

www.kingsarmstring.co.uk

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Having just celebrated thirty years of Good Beer and Home Cooking, it's timely to reflect a little. On 25th June 1981 we introduced to Tring a new style of pub, offering a choice of ales, genuine home cooking, vegetarian dishes and an old-fashioned style; in short, the sort of pub WE liked. Three decades later we seem still to be here, people still like what we do, and our menus have steadily evolved. Those of you who have been around as long as us (surprisingly many) may recognise a few old favourite dishes reborn, along with some new creations.

Remember, all our food is cooked here and our recipes are largely original. We don't use bought-in fillings, factory-made meals or inflated pastry pie tops.

For large groups or those in a hurry, you can pre-order. This is especially useful at lunch times; just phone in with your order! There is a downloadable copy of the menu at www.kingsarmstring.co.uk

Finally, a caution for our litigious times; our dishes may contain nuts or other allergens not noted in the menu. If you need to know, please ask before ordering.

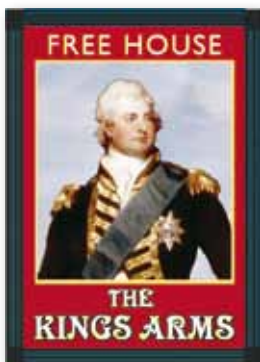
Food order times

Our kitchen accepts orders every day from 12.00 noon to 2.15pm (2.30pm Fridays and Saturdays, 3.00pm Sundays), and from 7.00pm to 9.30pm (9.00pm on Fridays).

Light Meals

Please tell us if your orders are to come as starters

Home Made Soup	£4.50
With choice of bread and butter (see specials blackboard)	
Greek Salad	£4.90
With feta cheese and olives, tossed in olive oil and vinegar Two warmed pitta breads extra £1.00	
Mushrooms, Bacon & Brie	£5.50
Grilled open-cap mushrooms and smoked bacon, finished with melting Brie and served with crusty French bread	
Prawn, Sweet Potato & Coriander Cakes	£5.50
Served with sweet chilli sauce, warm pitta bread and salad	



Jerk Burgers **£5.50**

Grilled minced beef with Caribbean jerk seasoning, served in soft bread rolls with salad garnish and a tomato chilli yogurt dip

Nachos **£4.50**

Tortilla chips with refried beans, cheese and hot chilli relish

King's Nachos **£7.50**

As above but big enough to share; with guacamole, sour cream and pickled jalapeno peppers

Main Meals

West Country Chicken, Leek & Ham Pie £9.90

A generous slice of homemade shortcrust pie, served with buttered new potatoes and seasonal vegetables

Mediterranean Fish Tagine £9.90

A mixture of salmon and white fish slow-cooked with spices, apricots and dried fruit; served with plain rice and leaf coriander

Gujarati Chicken in Green Coconut Chutney £9.90

In India 'chutney' can be any mixture of spices, vegetables and oil, not just a sweet pickle. This dish from Gujarat uses breast of chicken cooked with coconut, ginger, chillies and mint; served with Basmati rice and pickles

Fabada Asturiana £9.90

From northern Spain, a hearty casserole of ham, Chorizo sausage, salt pork, black pudding and white beans; served with olive oil toasted bread

Pork & Parmesan Meatballs £8.90

A simple but delicious dish; meatballs of pork, Parmesan cheese and parsley, with a traditional Italian tomato sauce, served on spaghetti with a dressed side salad



Roasted Cherry Tomato & Goat's Cheese Tart £8.50

A puff pastry slice topped with melted goat's cheese, pesto and tomatoes, served with ratatouille and buttered new potatoes

Bean & Vegetable Balti £8.50

Mixed beans and vegetables in a rich, spicy sauce made to a recipe from Baltistan; served in a metal dish with naan bread, cool yoghurt and pickles

Chilli Con Carne £7.90

Our recipe for this popular Tex-Mex dish has fresh chillies and cumin for a unique flavour; served with tortilla chips, salad & French bread and butter

Hot Beef Sandwich £6.90

Thickly-sliced bloomer and home-roasted topside of beef covered with rich gravy and fried onions; served with a salad garnish

Hot Sausage Sandwich £5.90

As above, using our own-recipe sausages from a local butcher

Chilli & Cheese £7.90

A large plate of tortilla chips and our own-recipe chilli con carne; with melted Cheddar cheese, sour cream and pickled jalapeno peppers



Tring's Own
Apple Fayre.
Procession setting
off from the KA...

Wholegrain Sandwiches

Thickly sliced wholegrain sandwiches, with a salad garnish, potato crisps and homemade chutney

Cheddar Cheese & Coleslaw

£5.20

Mature cheese with our homemade coleslaw salad

Brie & Cranberry with Spring Onion

£5.20

Soft French Brie with cranberry sauce and sliced spring onion

Bacon, Cheese & Horseradish

£5.90

Grilled smoked bacon and Cheddar cheese with horseradish relish

Bacon, Black Pudding & Mustard

£5.90

Grilled smoked bacon and black pudding rings with wholegrain mustard

Please see the blackboard
for our daily specials

Baked Potatoes

A large baked potato, butter and salad garnish, topped with:

Cheddar Cheese with Onion or Baked Beans £5.50

Grated Cheddar Cheese & Home-made
Coleslaw Salad

£5.50

Spicy Sausage, Fried Onion & Gravy

£5.90

Cheddar Cheese & Bacon

£5.90

Field Mushroom & Stilton Cheese

£5.90

Chilli Con Carne

£7.90

With a full portion of our own-recipe chilli



Hot Snacks

Egg & Bacon

Free-range egg and smoked bacon on thick buttered toast

£4.50

Egg, Bacon & Jumbo Sausage

Free-range egg, smoked bacon and our own-recipe sausage on thick buttered toast

£5.50

Baguette Special

Toasted garlic bread topped with crispy bacon, sliced mushrooms and melted cheese

£5.50

BLT

King-size malt-crunch bap filled with bacon, lettuce, tomato and mayonnaise

£5.90

Welsh Rarebit

Made with beer and wholegrain mustard, served on thick toast and finished with grilled melted cheese

£4.50

Hamburgers

We have always made our own burgers. All are served in a malt-crunch bap, with fried onions, salad garnish and chilli relish

Hamburger

£3.90

Beef & Bacon Burger

As above plus two rashers of back bacon

£5.00

Vicki's Beanburger

Our recipe, with kidney beans, onions and spices

£3.90

Double Burger

Two burgers in a king-size bap

£5.90

Double Beef & Bacon Burger

As above plus two rashers of back bacon

£7.00

Cheese Burger extra

£0.80

Mixed Salad

Crisp lettuce, cucumber, tomato, home-made coleslaw and cress to accompany your meal

£3.90

Desserts

Vanilla Ice cream

£2.30

Served with chocolate or raspberry sauce

Please see the blackboard for today's homemade desserts

Side Dishes

Garlic Bread

£3.00

Garlic Bread with cheese

£3.80

French Bread & Butter

£1.85

Mixed Salad

£3.90

Crisp lettuce, cucumber, tomato, homemade coleslaw and cress to accompany your meal

Tea and Coffee

Fresh-Ground Coffee

Cup £1.85 or Mug £2.30

Beans ground freshly each time

Pot of Tea

£1.85

The King's Arms

The 'King's Arms' was built in the early nineteenth century for John Brown's Tring Brewery (now a High Street stationer's). It has always been a pub, and has not changed greatly in the last 160 years. Brown built grandly beside what was then the main London to Aylesbury road, but the town centre grew elsewhere, taking the main road and leaving the pub isolated. Later, it became surrounded with the houses, shops and workshops that formed the 'Tring Triangle'.

Owned by a succession of local brewers, and suffering near-terminal neglect by Inq Coope (a large brewery combine) in the 1970's, the pub was closed and boarded up. We bought it and moved here in 1980. In June 1981 we reopened, and rapidly gained a reputation for good ale and home cooking.

This continues to the present day; we have now achieved 30 consecutive annual entries in the CAMRA Good Beer Guide (listed since 1981), and have become one of the 'elder statesmen' of Guide entries.

Our range of ales changes often, and all beers are usually available while-you-wait (in 18 or 36 pint containers) for parties or take-home. Our garden heaters and canopy allow the walled garden to be used in comfort from early to late summer, and even during light showers. Keep up with us on the web at www.kingsarmstring.co.uk, and join our Facebook group, 'The Kings Arms Tring (The KA)'. Naturally, we have a free Wi-Fi facility, (ask at the bar for a username and password).

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